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Ya'ax Ché Spa at Hacienda Tres Ríos

RIVIERA MAYA, MEXICO

If you are looking for a truly relaxing experience where you can reconnect with nature, refresh your mind, rejuvenate your body, and cleanse your soul, the Ya'ax Ché Spa might be the right place for you.

The philosophy of this original spa is based in the Mayan belief that human beings are all connected to everything around them: the universe, other people, and nature. Our bodies reflect pain when the balance among these elements is broken. Thus, the Ya'ax Ché Spa treatments

are designed to re-establish that balance.

The experiences available are also enriched with indigenous ingredients such as cacao and ecological honey from the tropical jungle, and the use of sacred sounds, herbal baths, quartzes and stones. The ancient Mayan wisdom of these rituals combines with modern principles in the treatments and advanced body health techniques.

This is one of the few spas offering a Mayan purification and relaxation experience called

"temazcal", a traditional Mexican sweat bath used for centuries for curative and therapeutic purposes. The experience is accompanied by pre-Hispanic music and ends with an optional dip in the clear waters of a natural spring.

The Ya'ax Ché Spa is located in Hacienda Tres Ríos, a luxury eco-friendly resort 35 minutes south of Cancun. Offering an Endless Luxury All-Inclusive experience, the resort features a sumptuous mix of architecturally acclaimed accommodations, fine dining, tasteful entertainment, and a wide

variety of activities at Tres Ríos Nature Park, which is open exclusively for hotel guests.

The Details

TYPE OF SPA Resort Spa

ADDRESS Cancún-Tulum Highway, Km. 54, Tres Ríos, Riviera Maya, QR 77760, Mexico

RESERVATIONS 800-494-9173 (US) or +52 984 287-4107 (Mexico)

E-MAIL

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WEBSITE www.haciendatresrios.com

For info on spa services and amenities, visit spamagazine.com/tresrios

